

# *The Gainesville Striders* *Track & Field* **Invitation**



**March 25, 2017**

**DATE:**

**LOCATION:**

Cone Park, Track - New 8 lane rubber track  
2841 E. University Ave.  
Gainesville, Fla. 32641

FAT with instant online results and finish line board - **Halfmiletiming**  
**Times are estimates only. After starting time the event is rolling .**

**HOST:**

**The Gainesville Striders Track Club - \$5.00 Gate Entrance –**

**ENTRY DEADLINE:**  
coaches meeting

March 23rd, 2017 – [www.coacho.com](http://www.coacho.com). **\$15.00 - No onsite reg.** \$20.00 for any changes. at

**AGE Groups:**

**(6 under), (7 & 8), 9, 10, 11, 12, 13, 14, (15 – 18)**

Medals (First through Third) - 8:30am - Coaches Meeting.

**9:00am:**  
**9:00am**

**3,000m Run 11 and above**  
**LJ - SP – Disc – Turbo Jav**

**9:30am**

**100m                      Prelims                      (All Divisions except 6 and under)**  
**400m                      Finals                      (All Divisions except 6 and under)**

**12:30pm**

**1500m                      Final**

**1:00pm**

**100m                      Final                      (Top 8 From Prelims- Include 6 and under)**

**1:30pm**

**4x100                      Final                      **No reg. needed – Mix and Match if need be****

**2:00pm**

**Sprint M                      Coaches Re                      Relay 100 – 100 – 200 – 400 – One female on team**

**2:30pm**

**800m                      Final                      (All Divisions except 6 and under)**

**3:00pm**

**60m H                      Finals                      Ages 7-12 –5 hurdles -13m to first–8.5m between-13m to finish  
height at age group**

**3:40pm**

**60m                      Finals                      (6 and under only)**

**4:15pm**

**200m                      Final                      (All Divisions except 6 and under)**

**5:00pm**

**4x400                      **Mix and Match Fun Condition Run (No reg. just show at line)****

*\*Competitors should bring their own implements to be used at Meet*

Larry Holsey (Meet Directors)  
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