



2nd Annual DC Elite Track Club Invitational

Jackets' Nest
200 N. Pinetree Blvd
Thomasville, GA 31792

Date: Saturday, April 22, 2017
Start Time: 8:30am

Packet Pick Up: 7:30am- 8:15am
Coaches Meeting: 8:15am

FACILITY: The track & field facility is an 8-lane track with a polyurethane surface. The long/triple jump & high jump areas also have the same surface. The shot put and discus circles are brushed concrete. Spikes (1/4") are required for this meet- NO EXCEPTIONS!

1. **Athletes must provide their own equipment (i.e. Shot Put, Discus, Marking Tape etc.)**
2. **ONE coaching pass per 10 athletes.**

REGISTRATION: Registration will be conducted using www.coacho.com. \$15/Athlete
****Registration Closes Wednesday, April 19, at 11:59pm****

MEET DIRECTOR: Chester Hightower, DC Elite Head Coach
(229) 221-0706; chesterhightower@gmail.com

ADMISSION: \$5/ person (CHILDREN 5 & UNDER FREE)

PARKING: On-site parking is available and free of charge

MEDALS: Medals will be awarded for 1st-3rd in each age grouping. Coaches can claim medals once official results have been posted.

AGE GROUPS:

6-8 Years (2009 & After)	9 Years (2008)
10 Years (2007)	11 Years (2006)
12 Years (2005)	13 Years (2004)
14 Years (2003)	15-16 Years (2001-2002)
17-18 Years (1999-2000)	

ORDER OF EVENTS

(Meet will operate on a Rolling Schedule)

FIELD EVENTS (8:30am start)

Long Jump (Young-Old)
Shot Put (Old-Young)
Discus (Old-Young)
High Jump (Young-Old)

RUNNING EVENTS (9am start)

3000m
4x100m Relay
1500m
80m Hurdles
100m Hurdles
110m Hurdles
200mH (13&14 only)
100m
60m (6&under)
Diaper Dash (3&under)
400m
800m
200m
4x400m Relay

*****THERE WILL BE NO ONSITE REGISTRATION THE DAY OF THE MEET*****



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- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.