

TRACK MEET SCHEDULE

All running events will start at the designated time listed. Listen to announcements. Any athlete that does not check-in before their scheduled heat is run will be scratched from the event. Field event athletes who have a conflict with a running event will be released by the Field Event Official **only** at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and must report back and be ready to compete.

THIS MEET IS CONTESTED ON A ROLLING SCHEDULE

SPECIAL NOTES:

- Some distance races may be combined due to the number of participants.
- 15-16 & 17-18 age divisions **MUST** use starting blocks in the sprint races!!!

FIELD EVENTS

| Time | | | | | | | | | |
|----------|--------------|---------------|---------|----------|-------------|----------|----------|--------|--------|
| 8:00 AM | Javelin | 17-18B | 15-16B | 14-13B | 17-18G | 15-16G | 14-13G | | |
| | Hammer | 15-16G | 15-16B | 17-18G | 17-18B | | | | |
| | Shot Put | 8 & Under B/G | 9-10B/G | 11-12B/G | 13-14B/G | 15-16B/G | 17-18B/G | | |
| 10:00 AM | Discus | 17-18B | 15-16B | 13-14B | 11-12B | 17-18G | 15-16G | 13-14G | 11-12G |
| 10:00AM | Mini Javelin | 8 & Under G | 9-10G | 11-12G | 8 & Under B | 9-10B | 11-12B | | |

| Time | | | | | | | |
|------|-------------------|---------|----------|----------|----------|--------|--------|
| 8:00 | Pole Vault | 13-14G | 15-16G | 17-18G | 13-14B | 15-16B | 17-18B |
| | High Jump | 9-10G/B | 11-12G/B | 13-14G/B | 15-16G/B | 17-18G | |
| | Long Jump Pit 1 | 8 & UG | 9-10G | 11-12G | 13-14G | 15-16G | 17-18G |
| | Long Jump Pit 2 | 8 & UB | 9-10B | 11-12B | 13-14B | 15-16B | 17-18B |
| | Triple Jump Pit 1 | 13-14G | 15-16G | 17-18G | | | |
| | Triple Jump Pit 2 | 13-14B | 15-16B | 17-18B | | | |

Triple Jump for all Age Groups will be contested immediately following the 17-18G and 17-18B Long Jump.

RUNNING EVENTS - 9:00 a.m.

3000M Run
80 Hurdles (8-30)
100 Hurdles (10-30)
100 Hurdles (10-33)
110 Hurdles (10-39)
55 Meter
100 Meter
1500 Meter
4 x 100 Relay
AGE OF EXCELLENCE 4x100 Relay
1500M Race Walk
3000M Race Walk
400 Meter
200 Hurdles
400 Hurdles
Steeplechase
800 Meter
200 Meter
4 x 400 Relay